

UNION COUNTY INTERSCHOLASTIC
ATHLETIC CONFERENCE
2012 BOYS & GIRLS TRACK & FIELD CHAMPIONSHIP
9:00 AM – Saturday, January 21, 2012 ARRIVE AFTER 8:00 AM
Jersey City Armory
Montgomery Street, Jersey City, NJ

Meet Information:

- NJSIAA & NFHS Rules to apply
- Three (3) Entries per school per event
- Bring your own batons and shots. Shots will be weighed.
- Entrance to the armory is Eight (8) AM
- Rosters **MUST** be submitted by Hy-Tek to rosters@njraces.com
If you have already submitted your FULL roster for the relays
This will suffice for the individual meet.

Scoring: 10-8-6-4-2-1

Awards:

- Trophy to the team champion
- Plaque to the second place team
- Medals to the top three (3) in each event

Admissions:

- Adults **\$5.00**
- Student/Senior citizens
- Please inform students to tell parents/students of admission charge

Entry deadline:

- Saturday, January 14, 2012
- FAX to (908) 232-3533 PREFERRED METHOD
- Mail to Wayne T. Letwink, 511 Dorian Court, Westfield, NJ 07090

Entry fees:

- Fourteen (\$14.00) dollars per individual per event + Twenty (\$20.00) dollars per relay-\$125 minimum total entry per school.
- Payable to – UCIAC
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**Questions contact Wayne Letwink: (908) 232-0966 between Ten (10) AM and Ten (10) PM
or E mail wayne.letwink@comcast.net**

UNION COUNTY INTERSCHOLASTIC ATHLETIC ASSOCIATION
BOYS AND GIRLS WINTER TRACK CHAMPIONSHIP
SATURDAY, JANUARY 21, 2012 9:00 AM
CANNOT ENTER UNTIL 8:00 AM

ORDER OF RUNNING EVENTS: 55 Meter High Hurdles Trials SEVEN Fastest to the Final
GIRLS FOLLOWED BY BOYS 55 Meter Dash Trials SEVEN Fastest to the Final

55 Meter Hurdle Finals
55 Meter Dash Finals
1600 Meter Run Final on Time - Sections
400 Meter Dash – Final on Time – Sections
800 Meter Run-Final on Time - Sections
3200 Meter Run – Final on Time – Sections
1600 Meter Relay – Final on Time

FIELD EVENTS: Shot Put will start at Nine (9) AM. Seeded Flight Last. GIRLS SHOT PUT FIRST

High Jump will start at Nine (9) AM BOYS HIGH JUMP FIRST

NJSIAA Rules will be in effect. THREE entries will be allowed from each school in each event. Only ONE entry per school in the RELAY. Medals will be awarded to the FIRST THREE PLACES IN EACH EVENT. County Championship TROPHIES will be awarded to the FIRST and the SECOND place schools. Scoring will be on a 10-8-6-4-2-1- basis for SIX places scored.

The track is an Six (6) lane all weather track. The FIRST TWO TURNS of the 400 Meter Run and the FIRST TWO TURNS OF the 1600 Meter Relay LEADOFF man will be run in LANES.

AN ATHLETE MAY COMPETE IN ANY FOUR EXENTS.

PLEASE PUT TIMES YOUR ATHLETES HAVE ALREADY MADE PRIOR TO TODAYS MEET OR VERY REASONABLE TIMES EXPECTED IF HE OR SHE HAS NOT RUN THE EVENT YET THIS SEASON. THE MEET DIRECTOR, CLERKS, AND OTHER COACHES MAY CHALLENGE IF AN ATHLETE HAS BEEN PLACED INTO AN EVENT WHEN HIS OR HER PAST PERFORMANCES DO NOT JUSTIFY SAME.

UNION COUNTY BOYS WINTER TRACK CHAMPIONSHIPS, SATURDAY, JANUARY 21, 2012
JERSEY CITY ARMORY, JERSEY CITY, NJ NINE (9) AM CAN ENTER EIGHT (8) AM

SCHOOL: _____ **COACH:** _____

HOME PHONE: _____ **SCHOOL PHONE:** _____

EMERGENCY E MAIL: _____ ******IMPORTANT**

COACH E MAIL: _____ **SCH. ATH DIR E MAIL:** _____

SEND TO: WAYNE T. LETWINK, 511 DORIAN COURT, WESTFIELD, NJ 07090

ROSTERS TO: rosters@njraces.com WE MUST HAVE BOTH THE ROSTER AND THE PAPER ENTRY.

OR FAX TO: (908) 232-3533 PREFERED METHOD

ENTRIES CLOSE POSTMARKED OR RECEIVED BY: SATURDAY, JANUARY 14, 2012 PLEASE

You only need to put the NUMBER of ENTRIES in each EVENT. There is NO NEED to state names. We will SEED by CARDS and the athletes will WEAR the cards for SCORING. State rules will be in effect. An Athlete may be in a TOTAL of ANY FOUR EVENTS. MAXIMUM OF THREE IN EACH EVENT

ENTRY FEE: \$14.00 PER ATHLETE PER EVENT. \$20.00 FOR THE RELAY MINIMUM \$125.00

PUT NUMBER OF ATHLETES IN EACH EVENT. MAXIMUM OF THREE (3) PER EVENT..

BOYS ENTRY BOYS ENTRY BOYS ENTRY BOYS ENTRY BOYS ENTRY

55 METER DASH : _____

55 METER HURDS: _____

BRING PINS - ONE FOR EACH RUNNER

400 METER DASH : _____

800 METER RUN : _____

1600 METER RUN : _____

3200 METER RUN : _____

HIGH JUMP: _____

SHOT PUT : _____

4 x 400 : _____

ENTRY FEES: _____ INDIVIDUALS @ \$14.00 = \$ _____ + _____ RELAY @ \$20.00=\$ _____

TOTAL ENTRY FEE: \$ _____

CHECKS PAYABLE TO:U.C.I.A.C.

UNION COUNTY GIRLS WINTER TRACK CHAMPIONSHIPS, SATURDAY, JANUARY 21, 2012
JERSEY CITY ARMORY, JERSEY CITY, NJ NINE (9) AM CAN ENTER EIGHT (8) AM

SCHOOL: _____ **COACH:** _____

HOME PHONE: _____ **SCHOOL PHONE:** _____

EMERGENCY E MAIL: _____ *******IMPORTANT**

COACH E MAIL: _____ **SCH. ATH E MAIL:** _____

SEND TO: WAYNE T. LETWINK, 511 DORIAN COURT, WESTFIELD, NJ 07090

ROSTERS TO: rosters@njraces.com WE **MUST HAVE **BOTH** THE **ROSTERS** AND THE **PAPER ENTRY****

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ENTRIES CLOSE POSTMARKED OR RECEIVED BY: SATURDAY, JANUARY 14, 2012 PLEASE

You only need to put the NUMBER of ENTRIES in each EVENT. There is **NO NEED** to state names. We will **SEED** by **CARDS** and the athletes will **WEAR** the cards for **SCORING**. State rules will be in effect. An Athlete may be in a **TOTAL** of **ANY FOUR EVENTS**. **MAXIMUM OF THREE IN EACH EVENT**

ENTRY FEE: \$14.00 PER ATHLETE PER EVENT. \$20.00 FOR THE RELAY MINIMUM \$125.00

PUT NUMBER OF ATHLETES IN EACH EVENT. MAXIMUM OF THREE (3) PER EVENT..

GIRLS ENTRY GIRLS ENTRY GIRLS ENTRY GIRLS ENTRY

55 METER DASH : _____

55 METER HURDS: _____

BRING PINS - ONE FOR EACH RUNNER

400 METER DASH : _____

800 METER RUN : _____

1600 METER RUN : _____

3200 METER RUN : _____

HIGH JUMP: _____

SHOT PUT : _____

4 x 400 : _____

ENTRY FEES: _____ INDIVIDUALS @ \$14.00 = \$ _____ + _____ RELAY @ \$20.00=\$ _____

TOTAL ENTRY FEE: \$ _____

CHECKS PAYABLE TO: U.C.I.A.C.