

UNION COUNTY CONFERENCE

Union County Athletic Directors + Cross Country Coaches **ATHLETIC DIRECTORS: PLEASE SEE THAT YOUR CROSS COUNTRY COACHES GET THIS MATERIAL**

From: Joseph Pisauro, Cross Country Chairperson

Re: 2011 Union County Conference Championship Meet. Listed below is the information on the 2011 UCC Cross-Country Championships. **Please Forward a copy to your Cross Country Coaches**

TO ENTER YOU MUST SEND A COPY OF YOUR FULL TEAM ROSTER TO: Tim Styler at: Rosters@njraces.com He **MUST** have this by **MONDAY, OCTOBER 10, 2011** This **MUST** be done with the **HY-TEC** System that you use to submit entries to the state. You **CANNOT** compete if your roster is not in. There will be **ABSOLUTELY NO CHANGES** to the ROSTERS on RACE DAY!!!!!!!

1. Date of Meet: Tuesday, October, 18, 2011 (Rain date: Thursday, October 20, 2011)

2. Site of Meet: Warinanco Park **DUAL MEET COURSE** Elizabeth + Roselle, NJ

Race Schedule: 2:00 Varsity Boys Watchung Division All Varsity Races 5K Each year the GENDERS will REVERSE the ORDER OF START and the DIVISIONS will ROTATE!!
2:20 Varsity Boys Valley Division
2:40 Varsity Boys Mountain Division
3:00 Varsity Girls Watchung Division
3:25 Varsity Girls Valley Division
3:50 Varsity Girls Mountain Division
4:15 Junior Varsity Girls Race Junior varsity races 5K
4:40 Junior Varsity Boys Race
5:10 Freshmen Boys and Girls Combined Race 3.38K (2.1 Miles)

(Teams should be ready for scheduled starting times. (Races will go off **EXACTLY ON TIME!!**)

4. Awards: A) Team Championships trophies to varsity divisional champion in Boys and Girls Races
B) Medals to first Ten (10) finishers in each Boys Varsity Championship Race. (3 X 10)
C) Medals to first Ten (10) finishers in each Girls Varsity Championship Race (3 X 10)
D) Gold, Silver, and Bronze medals to the First, Second, and Third place Teams in Varsity races
Three sets each for Mountain, Valley, and Watchung Division
E) Medals to the first TEN boys and the First Ten girls in the Two Sub-Varsity Races

5. Scoring will be in the NORMAL manner. The Computer will score all races. Teams not FINISHING at least FIVE will NOT be ranked for scoring. There is no need to declare if you are running more or less than five. The computer will take care of scoring! **YOU MUST RUN YOUR BEST SEVEN RUNNERS IN THE VARSITY RACE BEFORE YOU CAN RUN OTHERS IN THE JUNIOR VARSITY. ANY FRESHMEN MAY RUN IN THE FRESHMEN RACE IF YOU WISH!**

6,	<u>VALLEY DIVISION BOYS</u>	<u>MOUNTAIN DIVISION BOYS</u>	<u>WATCHUNG DIVISION BOYS</u>
	Roselle Catholic	Cranford	Elizabeth
	Jonathan Dayton	Governor Livingston	Linden
	New Providence	Hillside	Plainfield
	Oratory School	A.L. Johnson	Scotch Plains Fanwood
	Roselle	Rahway	Union
	St. Pat's	Summit	Westfield
	St. Mary's Elizabeth	Union Catholic	

<u>VALLEY DIVISION GIRLS</u>	<u>MOUNTAIN DIVISION GIRLS</u>	<u>WATCHUNG DIVISION GIRLS</u>
Benedictine Academy	Cranford	Elizabeth
Jonathan Dayton	Governor Livingston	Linden
Kent Place	Hillside	Plainfield
New Providence	A.L. Johnson	Scotch Plains Fanwood
Oak Knoll	Rahway	Union
Roselle	Summit	Westfield
Roselle Catholic	Union Catholic	
St. Mary's Elizabeth		
St. Patrick's Elizabeth		

Questions: Call Wayne Letwink, Meet Director at (908) 232-0966 wayne.letwink@comcast.net