



To: Union County Athletic Directors
From: Dawn Evans, UCIAC Gymnastics Chairperson
Re: Union County Gymnastics Championships

Date of Tournament : Friday, October 23, 2009
Site: Westfield High School
Westfield , NJ 07090
(908) 789-4512
AD- Edward Tranchina
Time: 6:00pm

Schedule of Events

3:50-4:20 pm	Registration, bar settings, and stretching. Controlled warm-ups will begin at 4:20 pm.
4:20-4:40pm	Rotation #1 Warm-up.
4:40-5:00pm	Rotation #2 Warm-up
5:00-5:20pm	Rotation #3 Warm-up.
5:20- 5:40pm	Rotation #4 Warm-up
5:40-6:00pm	Coaches Meeting
6:00pm	March In---Opening Ceremonies
6:25pm	Competition Begins
?	Awards

The entry fee for this meet is \$300.00 per team. For schools with an individual gymnast the fee is \$75. (per gymnast). A check should be mailed directly to the UCIAC office before the October 19th deadline (I am aware that most schools have prepaid). Coaches have received all information concerning the UCT this past May. Please refer to the schedule of events for the necessary information. I can be reached at (908) 230 - 2093 to answer any questions. Thank you for your cooperation with this matter.